



Human Leadership pulse check

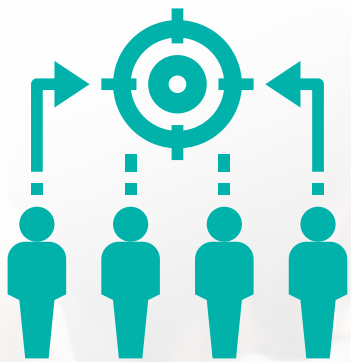
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We've created this simple self-reflection checklist to help you understand how you rate against the latest pioneering approach to leadership learning

Why use it?



You may be a leader who's been focusing on **getting through challenges at work** and not revisited your own development for some time. This guide can **help you refocus** on what's important now as a leader and remind/prompt some new discussions **with your team**.



You might be **starting** in a **new leadership** role/team/organisation and want to consider where to focus your attention in your leadership **development journey**.



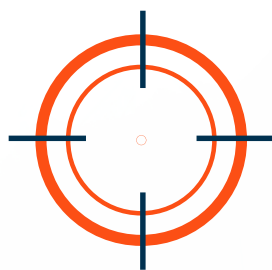
You might be **stretching yourself to progress** into your first leadership role and want to test yourself on the most relevant **approach to leadership** with your new team.

**"Even if you're on the right track,
you'll get run over if you just sit there"**
Will Rogers

Ways to use our pulse check



Share with peers and learn together how to support each other to grow as leaders



Focus your learning at work to improve your lifelong learning as a leader in line with areas you feel less confident in



Use the questions prior to a 121 or team meeting to bring these important elements to the forefront

Leaders are at the core of how organisations will flourish in the future

Leadership is not one or two courses or away days, it's continually learning, evolving and growing

Authenticity

Question set

How would you rate your current knowledge of what your strengths are?
(different to skills)

How do you rate your level of skill in using your own strengths?

How do you rate your level of skill in articulating your own purpose?

How do you rate your level of authenticity?

How much do you personally and regularly increase and improve your self-awareness?

Answer these questions using a scale of 1–10, with 1 being the lowest and 10 being the highest

Once you're done, reflect on your answers by yourself or with your peers

Inclusivity

Question set

How would you rate your current knowledge of ways to create inclusivity?

How would others rate your skill level in creating belonging?

How much do you personally and regularly focus on others?

Answer these questions using a scale of 1–10, with 1 being the lowest and 10 being the highest

Once you're done, reflect on your answers by yourself or with your peers

Role modelling

Question set

How would you rate your current knowledge of resilience?

How would you rate your ability to demonstrate inclusive behaviour?

How do you rate your role modelling of human leadership?

How well are you able to manage your own behaviour as a leader?

Answer these questions using a scale of 1–10, with 1 being the lowest and 10 being the highest

Once you're done, reflect on your answers by yourself or with your peers

Human connector

Question set

How would you rate your current knowledge of psychological safety?

How would others rate your skill in encouraging confidence in others?

How do you rate the level of meaningful connection in your work relationships?

Answer these questions using a scale of 1–10, with 1 being the lowest and 10 being the highest

Once you're done, reflect on your answers by yourself or with your peers



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